

## JOHNSTON RECREATION DEPARTMENT MEN'S BASKETBALL LEAGUE RULES

- Any player ejected from a game will be suspended a certain amount of games deemed appropriate by the Recreation Dept. A second occurrence will result in expulsion from the league.
- No one under the age of 18 is allowed to play, unless they are a Johnston resident. Johnston residents must be at least 17 years of age to play.
- Players are required to wear their team shirt. If you do not have your team shirt you may wear a shirt of the same color. If you do not have a shirt of the same color you will not be allowed to play. If you continue to show up without your team shirt throughout the season you will not be allowed to play until you purchase a new one. Each team is given 8 shirts, and any extra can be purchased through the Recreation office for \$10.00 per shirt.
- A team may substitute freely upon the referee's whistle during the last 3:30 minutes of the game. Please have substitutions ready. If you do not substitute in a timely manner your team will be issued a timeout and it will go towards the 3 in which you are given for the game
- 5 personal fouls per player. Teams will shoot 1 and 1 on 7 team fouls and 2 on 10 team fouls.
- All players must sit on the bench during the game, (not in the stands). Only members of the team are allowed on the bench. After your game has finished please move quickly to the opposite side of the gym, other teams are waiting to play
- Please keep the gym and bench areas clean. Dispose of your trash.

- Flagrant fouls could result in ejection from the game. Opposing team will get 2 foul shots and the ball. This is recreational basketball; people have to work in the morning! Flagrant fouls will be at the referee's discretion.
- Games will consist of 2-20 minute halves, running time. Clock will stop for the following: timeouts, last minute of 1<sup>st</sup> half, last 2 minutes of 2<sup>nd</sup> half and substitutions.
- When a game is tied at the end of regulation the game will proceed to overtime. Each team will receive 1 timeout. (timeouts do not carry over) We will start with one 2 minute overtime period. If the game is still tied after the 2 minute overtime we will play 1 minute overtime periods until the tie is broken.
- If a player gets injured and is suppose to shoot free throws however is incapable of doing so the opposing team can pick a player on the floor to shoot the free throws.
- Teams will get 3 timeouts per game but no more than 2 can be used in any 1 half.
- 20 minute rule: If a team is leading by 20 or more points with 5 minutes remaining in the game, the game will end.
- No defensive player will be allowed on the low block during a free throw.
- The Recreation Department will supply a game ball.
- The games will begin promptly at their scheduled time. The clock will begin to run at the scheduled start time whether or not a team has enough players to begin. The referee will determine the amount of time played for the 1<sup>st</sup> half depending on how late the team arrives. If a team does not have enough players by the time the fifteen minutes have been run off the clock, a forfeit will be issued.
- Games will begin when each team has at least 4 players.

- Teams are expected to field a team at each scheduled game. If there is a scheduling conflict where a team will forfeit because there will not be enough players the captain must call the Recreation Office or Richard with advanced notice.
- If any team forfeits more than twice they will be removed from the schedule for the remainder of the season and will not be refunded any money. Please let us know in advance if you cannot make it.
- There will be no tolerance for any use of vulgarity on the court towards players, officials, fans, or any Recreation staff. If any foul language is heard, the referee will charge the player with a “swearing” technical foul (this will not go against the player as a personal foul or technical foul). The result will be 2 shots and the ball. Continuous vulgarity could result in a suspension.
- Please note: games are not scheduled on Thanksgiving, Christmas, Martin Luther King, and President’s Day weekends. In case of cancellations we will use Martin Luther King and President’s day weekend if necessary.
- Please note: all cancellations will be done by EMAIL. Please check it before coming to your games. Phone calls WILL NOT be made
- In case of tie records at the end of the season, the Recreation Dept. will determine the higher seed based upon a win against the best common opponent
- If any problems may arise feel free to call Richard at the Recreation office #272-3460 or on my cell at 641-7984.
- Please visit us at [www.johnstonrec.com](http://www.johnstonrec.com) for schedules, rules, and upcoming events in the town
- Good luck to all teams. We’re looking forward to a competitive, fun and problem free Basketball season.