

BE HEALTHY STAY FIT



JOHNSTON MEMORIAL PARK
SATURDAYS JUNE 18TH- JULY 30TH 10:30AM-12PM

1583 HARTFORD AVENUE
JOHNSTON RHODE ISLAND 02919

RAIN DAY AT
FERRI MIDDLE SCHOOL GYM 10 MEMORIAL AVENUE JOHNSTON, RI

- JUNE 18** **JAM FIT STARTS!** Inspirational Healthy Speaking Day with **Miss RI** and **Mayor Polisena**
- JUNE 25** YOGA DAY
- JULY 09** HEALTHY RUN DAY
- JULY 16** DANCE SESSION
- JULY 23** BOOTCAMP with CROSS FIT
- JULY 30** END OF SESSION RAP UP PARTY Join us for Live Music, DJs and Performances



FOR MORE INFO CALL TOWN OF JOHNSTON DEPARTMENT OF PARKS AND RECREATION CENTER (401)2723460 OR
contact **JUMMY** 401.935.7007 Jam2Fit@gmail.com [facebook.com/JamToFit](https://www.facebook.com/JamToFit)